



HIS HOLINESS' SPEECH On

Attitude towards Education

One problem with our current society is that we have an attitude towards education as if it is there to simply make you more clever, make you more ingenious... Even though our society does not emphasize this, the most important use of knowledge and education is to help us understand the importance of engaging in more wholesome actions and bringing about discipline within our minds. The proper utilization of our intelligence and knowledge is to effect changes from within to develop a good heart.



Art Section Petoen School

All the articles, poems and stories in this publication are original and written by the students themselves. However, minimum corrections are done by the concerned teachers without affecting the originality of ideas and contents.

Editors/Teachers In-charge

Mrs. Tenzin Choedon
Ms. Tenzin Kyizom

Setting & Layout

Ms. Tenzin Kyizom

For suggestions and feedback, write to:

Mewoen Tsuglag Petoen School
Khanyara Road,
P.O Lower Dharamsala
District Kangra - 176215
Himachal Pradesh (INDIA)

Phone : +91-1892-202117 / 222462
E-mail : petoenschool@gmail.com
Website : www.sambhota.org

Importance of Kindness

Samdol Lhamo, Class VI

Importance of kindness is something too easily overlooked in the modern world, however, it still remains one of the most essential values of humanity. In a healthy and happy society, the role of kindness is major; indeed one of the key ingredients to a good united society is kindness. Kindness can come in many forms, when accomplished in society it usually takes form as sympathy, endurance, cooperation, selflessness, and helpfulness. Kindness doesn't have to be only saving someone's life. Sharing one's pens or helping someone do their homework is also kindness. Kindness is when we do something to make someone happy. No matter how big an act of kindness is the fact remains that you make someone else happy and that alone will make us feel great.

Doing an act of kindness is not to benefit oneself, the reason of being kind is to make someone else feel good and by doing that we gain access to happiness ourselves. Being kind is a very powerful act and by doing that we can sometimes create bonds of friendship that may help us enjoy our time, but one can't do something nice expecting something in return, that would be calculative not kindness. One also won't feel too great if you have conditions and one would still have a bit of guilt left. Kindness must be unconditional. We can see kindness everywhere, in a family, at school, while playing with our friends and even in the competitive games, one player with a decent level of morality will always help another player who is in need. Our parents and teachers are always very kind and generous because they are our main role models. They have a great responsibility and we also have responsibility as we are the role models of younger kids and so we must be kind.

If there is kindness in the world there will be less fighting, violence, greed, jealousy, and war. So, naturally we will have a more peaceful world to live in. We can't change the way other people think but changing ourselves should be our personal mission.

A Suicide or A Murder???

Karma Gyaltzen, Class VI

Today, an unbelievable thing happened in my school's neighbourhood, 'A Suicide Attempt'. It happened during our school's D.E.A.R Time in the morning. When I was as happy as always to read a book, suddenly many children went to the window to see something that I did not know about. So, I asked the kids who were watching from the window, "What happened?" One of them answered me that one Indian man tried to commit suicide from a building nearby our playground by jumping from the third floor. I rushed to the window to see what was going on but I saw nothing because the playground walls were blocking the view. So, immediately I rushed down to the playground and stood on a bench next to the fence to see the scene but Kunchok and Tashi blocked my way. So, I went up again in the dining hall and saw some men carrying him in a taxi to a grave or a hospital, I really don't know. By the way, I thought that there is nothing like suicide in the world but murder. Every suicide has its own reasons behind and that reason is the murderer. And we get murdered easily with our negative thoughts like a man killing mosquitoes. So, do not do such act, you have to find the reasons why you're trying to kill yourself and then find a solution to that because every problem has a solution and you must work hard to find it and avoid the negative thoughts that lead you to commit suicide.

Dreams are meant to be fulfilled

Tenzin Kunsang, Class VII

I believe that everyone has someone they look up to and dream to be like them or to surpass them. If you are unable to be like them or surpass them and if you intend to copy them, then it will only leave you dull and blunt. So never forget the way you want to shine. Focusing on your own dream is truly admirable, but they are also meant for you to make them come true. It is inevitable that many hardships will come, and you might feel like you can't find your way. So, simply take a deep breath, close your eyes and listen to your heart, "Don't give up yet" these words will pave a new road ahead of you, so look forward and go. There's no need to waste time and try to be like someone else, it's a miracle that we all are different. You have your own way to shine, and only you can shine that way. So, always take a step forward to make your dreams come true because dreams aren't just for dreaming, they are meant to be fulfilled.

(This essay was inspired by a Japanese song called "Start Line".)

Earth

Tenzin Khetsun Dumra, Class V

We live on this planet. Somebody called Earth a blue planet. In the solar system only planet Earth has water and air. Only on Earth animals and plants can grow.

On Earth, there are many things that we need and many that we do not need. For example, fruits and vegetables are necessary for us.

Carbon-dioxide and fertilizers are not that useful. If we cut trees then we can't save the world.

On our planet Earth there are many things which are divided into two groups – living things and non-living things. The scientists say the Earth is going to get dry. We need to save our home, we need to save our Earth.

Black Blizzard

Tenzin Tsundue, Cass VII

Dust storm is clouds of dust and storm,
That chums across Earth's region.
It can rise thousands of meter.
Dust and sand fly everywhere.

When you are covered with dust storm,
You can't see anything.
You can try to run,
But you can't escape.

If there's construction work,
There is lots of dust.
Dust is very harmful to our health.
We can't breathe in dust.

Lots of dust causes Asthma.
India is a developing country,
Most of the roads are under construction.
That's why there is more risk of suffering.

Moon Madness

Tenzin Kunsang (A), Class VIII

Moonless world?

Is the moon a planet or it isn't a planet?
Planets have orbits, or move around the
Sun but the Moon doesn't do like that
therefore, moon is not a planet. A
planet's gravity keeps a moon or moons
circling around it. Gravity is the force
that pulls one thing towards another.
Mercury and Venus have no moon.
These two are the closest planets to the
sun. These are the only planets in our
solar system without a moon. Maybe the
gravity yanked their moon away. In solar
system Earth is the third planet and it
has one moon and it is the fifth largest of
the nearly 200 moons in the solar sys-
tem that makes us all proud.

Save the Frog

Tenzin Chemi, Class VIII

Toughie is the last one of his species that is why he is
very special. Once he lived in wild Panama but deadly
fungus hit panama. Most of their species are dead. One
big killer is disease. It doesn't harm human beings. Sci-
entists knew that most of the frogs and amphibians are
dying of deadly fungus. So they save most of their spe-
cies. But every species have died in time.

Only toughie is left. The frog keeper's 6 years old son
has named him Toughie. At that time the deadly fungus
also harmed the golden frog. The golden frog is an en-
dangered species. They lost their habitat.
But luckily the scientists of the United States have kept
few golden frogs that have no diseases. If toughie dies,
his population will be finished.

When people burn large areas of forest to clear land for
planting crops, frogs and other animals lose their habi-
tat. But it's not too late for frogs and other amphibians,
they need our help.

We have to save and protect them whole heartedly.

The Four that Roar

Tenzin Pema, Class VI

There are 36 species of cats but only four that roar. They are fearsome; lions, tigers, leopards and jaguars. Only these four big cats roar. They all are carnivores and for food they need to catch the prey. Big cats are powerful hunters, their strong legs help them leap, climb and run. Their sharp teeth and claws help them bite and tear. There's no fast food for big cats but the food does move fast. Most of the big cats stalk prey by crouching low to the ground before it strikes. Leopards are the strongest climbers, Tigers swim well, Jaguars hunt well at night, and Lions attack in groups. If I have to choose one of the big cats from them, I would choose Leopard because it is the strongest climbers and also they run so fast. Moving to their fur, their furs are not same to each other but Leopards' and Jaguars' furs are mostly orange with black tuft of fur. Tiger's fur is mostly orange with black stripes and the interesting thing is that they are the only big cats with stripes. Leopard's fur has dark spots called rosettes. Jaguar's fur looks like Leopard's fur, but the rosettes have a black dot in the center. Do you know how they make the sound? A band of stretchy tissue in their voice boxes makes this possible. That's why they can roar but other big cats don't have this. Big cats are found around the world and they live in many types of habitats. Tigers are found in the farthest north and they live in China and Siberia. Jaguars are found in Central and South America. They live in rain forests. Lions live on the plains of central and South Africa and some live in Asia. Leopards are the most widespread of all the big Cats. They are found in Asia & Africa. Human populations are growing and they take over the land so wherever the big cats live, they face this one problem. They have fewer places to live and this can lead to conflicts between people and cats. Many people think they can live together with the big cats. Some countries have set aside land as reserves and wild animals are safe there. Conservationists try to help too. They work with local people and help farmers to build pens, the pens protect their livestock, and so hungry cats can't eat them. Photo safaris let people see wild animals in a safe way. People who see big cats value them. They want to share the message. Big cats are worth protecting. This is the first time I learned many things about them.

National Geographic Column



Quetzal

Ngawang Lhadon, Class VI

Quetzal is Central America's most beautiful bird. It has a very long tail. The male has two long tails and the feathers are greatly prized by the people. Once there was a great Mayan leader who wore a beautiful crown of feathers from the Quetzal. In 1524, the Mayan ruler had a fight with the invaders and he fought hard, yet he was wounded. He fell to the ground. A very famous person says that the quetzal tried to shield the Mayan ruler. It landed on him, and its chest was stained with his blood. The story tells why the bird has red feathers on its chest and also of the bird's bravery. These birds live in misty cloud forests. Their feathers blend in; it used to be safe for them. Now Quetzals face many threats all because of human beings. Quetzals are important to the Aztec and Mayan cultures. Today people in Central American countries still celebrate this bird. The quetzal is the national bird in Guatemala. It's shown on the country's national flag and even on some postage stamps. Save this national bird.

Most Animals' Teeth.

Tenzin Dawa, Class VII

Most of the animals have different teeth, ele-
phants have only six teeth. They use their
sharp teeth to chew grasses and other types
of plant leaves. Snakes have sharp poison-
ous teeth which can kill and swallow big ani-
mals. Bears have sharp strong teeth which
can cut down big trees and kill their ene-
mies. Sharks have sharp teeth like razor
blade and knife. So the teeth are very impor-
tant to all the animals.

We human beings have thirty two small
teeth, six molars, four premolars and four
canines.

Crocodiles have lots of teeth and they use
their teeth to cut and tear big chunks of
meat and buffalo. If the animals have no
teeth, then it would be very difficult for them
to survive, so we must take care of our teeth
so that we can eat food to survive.



<p style="text-align: center;">Mother Namgyal Choedon, Class VIII</p> <hr/> <p>She is the one who encourages me, The one I love most is she. She always makes delicious food, But sometimes get in angry mood.</p> <p>My mom has taught me many things, Joy in me she always brings. She doesn't like football, But she loves to shop at mall.</p> <p>She gets fright, When I frighten her at night. She likes to send mail, But writes the letter like a snail.</p> <p>She doesn't know how to whistle, But loves to see ball of crystal. My mom is very cute, And she doesn't like to stay mute.</p> <p>My mom is very kind, She helps people who are blind. She is loving and caring And always keeps smiling.</p>	<p style="text-align: center;">Teachers Tashi Dorjee, Class VIII</p> <hr/> <p>Teachers are very important. They teach us so many things Which help us for our better future. Teachers are great people.</p> <p>We have to respect them. They are our second parents. We are like a family Who love each other very much.</p> <p>They always take care of us But sometimes they scold us When we do bad things. And it is for our own good.</p> <p>They give us education To become good humans. We should never forget them As they are the best people.</p> <p>They want their students to become best. So, they feel proud to be our teachers. We should never let them down And try to make their dreams come true.</p>	<p style="text-align: center;">My Sister Tenzin Tselha, Class VIII</p> <hr/> <p>My sister is small, She is scared of big spiders. She is very kind But also very naughty.</p> <p>She doesn't like her hair Because her hair is curly. She shouts like she is calling us from far, But she has a beautiful voice.</p> <p>She doesn't like to eat much food But when it comes to delicious eatables, She eats more than mom and I, But she is still very thin.</p> <p>She likes to go everywhere, She cannot stay at one place for a minute. So I call her a naughty mouse, But when she is scared she becomes quiet.</p> <p>She loves to play with puppies. Her face is like a Barbie doll. She has so many friends As she is an extrovert girl.</p>
<p style="text-align: center;">Tibet Tenzin Kunsang (B), Class VIII</p> <hr/> <p>We all have countries And my country is Tibet. In Tibet, there are lots of Tibetans And they have loving & caring hearts.</p> <p>There are lots of old things, Some are statues of gods, Some are prayer books, And some are precious resources.</p> <p>Tibet is a very different country. Some say it is God's home And others say different things But I know it is just a country.</p> <p>I have never been to Tibet But I can imagine, There are lots of people Who are waiting for us there.</p> <p>We are now refugees. Our country is under the Chinese rule. So, we must work and study hard And take our country back.</p>	<p style="text-align: center;">My Father Tenzin Yeshi, Class VII</p> <hr/> <p>My father is my hero. I feel sad when someone calls him zero. He does everything for our family, Not with anger but happily. When he goes to work I feel sad Because I miss my dad. He works easily, Quickly, lively and patiently. He cooks very well. May he always stay well. He is very good And loves to eat food. He is not a boss And never becomes cross. He is always kind And loves to give money to blind. He is smart He likes to play dart. He often checks my test For me, he is the best.</p>	<p style="text-align: center;">Teachers Tenzin Kunchok, Class VIII</p> <hr/> <p>Teachers are our second parents. They advise us to learn from our mistakes. They always show us the right ways, That will take us to become a good human. They teach us to accept our mistakes, They teach us many good things, I share my feelings with my teachers. When I get problems, I ask them for help. Teachers are very kind towards their students, They always think good of us. Teachers tell us not to repeat our mistakes. To me, teachers are more important than friend. They always care about us And show us the right path. They give us education, We learn so many things from them. We have to respect them And always remember their good deeds. Never forget them in your life As they are very precious for us.</p>
<p style="text-align: center;">Book (Haiku Poem) Kunchok Samten, Class V</p> <hr/> <p>We write words in book Teachers and students like books Book is my best friend</p> <p style="text-align: center;">Ninjas (Haiku Poem) Maja Kunga Wangchuck, Class V</p> <hr/> <p>Ninjas are so cool They can do so many tricks Run above the house</p> <p style="text-align: center;">Ghosts (Haiku Poem)</p> <p>Ghosts are so scary I like to watch ghosts' movies They scare me in dreams</p>	<p style="text-align: center;">Friends Tenzin Dhadon, Class VIII</p> <hr/> <p>My friends are very thoughtful They always do the right things. To them I remain grateful For they are such good human beings.</p> <p>We all like to eat eatable, We all love to go everywhere, We do better at work that we are able; When things go wrong we are always there.</p> <p>We go out every Sunday We make many mistakes And we learn everyday By not repeating those mistakes.</p> <p>Every day we listen to a story Which is always very interesting. We keep eating while listening to story And we listen without pushing and hitting.</p>	<p style="text-align: center;">Love and Kindness Tenzin Woeden, Class VI</p> <hr/> <p>If all the people know what kindness is, There will be no bullying of one another; We could hold the earth in our arms And there will be peace in the world.</p> <p>Love will bring the family closer, It will make us sing all our lives. If there is no love and kindness in the world, There will always be fighting and wars.</p> <p>But love and kindness in our hearts Will bring friends and communities closer And make the lives of people happier. Helping & sharing are great acts towards others.</p> <p>Love and Kindness Are very important in the world. They will change the whole world; Love and kindness are the best.</p>



Swimming with my Best Friend

Ngawang Phuljung, Class VI

I was too excited because Tensang and I had planned to go for swimming. In the morning after eating my breakfast, I did all my home works and packed my bag with some swimming stuffs and snacks. Then at 1:40 p.m. Tensang and her parents came to pick me up. We went to Espresso Bar and changed our clothes and wore swimsuits. When I put my one foot in the water it was not that cold, so I splashed some water on Tensang's face and she did the same to me. Environment around the Swimming Pool was very enjoyable and we also had some delicious snacks, took some pictures and selfies. After swimming, we took shower and the water was really cold so we ate some french fries. Then we drove back and stopped at a tea stall but Tensang and I didn't want to drink tea so we stayed in the car and remained busy with our phones. I will never forget this beautiful day ever in my life.

Kindness is the Best Thing

Norzin Yultso, Class VI

Kindness is the best thing because kindness can change every-one's day. If we can do one kind act in a day, then we will feel happy and the day becomes a good day. Kindness is very important for all the people like school teachers, students, officers, house wives and many others. We have to be kind because if we show kindness in our whole life, our life will be changed and become meaningful. If we do kind deeds towards other people, they will feel good and when you are working hard to help others, they will also help you. If we do not help each other, our life will become sad and no one will trust each other and help us in our hard times. If we help them they will help us and love us too. Then our life will change and we can live happily forever. If we are kind we can do everything. If all the people show kindness to one another, the world will change and there will be no fighting and no wars. The kings and the leaders will also love one another.

Importance of Water

Tenzin Sonam Class VII

Water is very important. Water can be used for washing face, clothes, dishes, and many things. In swimming pools they use much water and they also say that they change the water every two days in a week. Water is very important. If there is no water on earth then how can we stay alive? We will die without water. Water quenches our thirst and it is useful for making food. We can't live without water. So don't waste water. In everything that you do, don't ever make water dirty because it cleans our body from inside. In this world many people can't get clean water because we make them dirty. Water comes from rain and river, so don't make river dirty too. We need to keep our river clean and river also cleans the area where it flows by pushing the dirt along its way. And some people drink it. Dirty water is formed in the ponds and it smells bad. So, I am saying it again, don't make water dirty and please don't waste water.

Importance of Trees

Tenzin Nyendak, Class VI

Our life is dependent on trees. Trees give us oxygen to breathe. Trees clean the dirty air and they give us clean air. Plantation of more and more trees gives us rain. They also provide shelters for many animals and give us shadow from the hot sun. Trees give woods and from woods we make many things like bookshelves, houses, tables, beds and many more things. We should grow and plant more and more trees near our houses, schools and surroundings. It is good for our health. So trees are very important for all the humans' and animals' lives.

Teachers

Tenzin Jamphel, Class VI

A teacher is someone who is an inspiration for us. Teachers are the people who show us to walk from zigzag direction to the straight direction and help us lead a meaningful life. They educate us to become great humans when we grow up. Teachers are always special for students; they are special human beings of the world. They teach us to differentiate right from wrong and advise us to become honest and kind human. They are like the bright light that removes the darkness from our lives. They give us new knowledge & help us to learn something new every day. They work hard days and nights to prepare lessons for the next day. That's why teachers are called our second parents.

Mocha

Menda Rewa, Class V

Mocha is my dog. She is two and a half years old. Her fur is brown, white and black in colour. She is very short tempered. She does not like soft toys. She has made friends with Lily who is a dog that lives nearby. Mocha is very protective and barks at anybody who comes near our house. She likes to take showers, especially in the summer. She understands Tibetan. She sleeps with me in my bed and we sometimes cuddle. When the TV is on she looks at it and stares. She is really scared of big balls. I love Mocha and Mocha loves me!

Environment

Tenzin Jamphel, Class V

We should clean our environment because living in a dirty environment is not good for our health. If we cut trees and build many houses, it'll make more carbon dioxide which is not good for humans & other animals. Nowadays, weather is also getting hot. In the environment, there are living things and non-living things. We humans are one of living things. Non-living things mean the things that do not move and cannot breathe. To protect our precious environment, we should plant more trees and throw garbage in garbage bins. Not keeping our environment clean will also be bad for animals like birds, dogs & fishes in water because they can die by eating bad food which is not clean. Sometimes, places smell bad and we get sick very fast. We also see many insects and flies at places that are dirty. So it is important to keep our environment clean & happy.

My House

Tenzin Lhaki, Class V

Houses can be in many sizes, shapes and colours. The other word for house is home. Some people don't have house. But I have a house. It is small, its colour is yellow. My grandmother Nyima has a big house. When I was at Mundgod, I had a big house. In my house I have a small TV. In my house there are three rooms. First one is toilet, second one is living room and the third one is kitchen. The biggest one is the living room. I want my own room but I don't have one now. When I go back to Mundgod, I will have my own room.

My Parents

Tenzin Kunsang, Class V

I love my parents very much. They always give me what I want. Parents are the most important persons in our life. They give us new life and I feel very lucky to have parents like them. My father works in Tibetan government office and my mother always helps my father when he is in problem. My father is the head of the family. He works very hard to make us happy. Everyone should love their parents. Giving love to parents is the most important job. So I love my parents. I wish they live long and a happy life.

